

30. Fish Amok



A Khmer favorite: Steamed coconut fish with turmeric sauces and spices, and served in banana leaves. You had Fish Amok before? Probably never as tasty as we make it!

\$5.00

31. Sngau Chrouk Trey

A fish soup, with fish fillet, lemon and basil.

\$4.25

32. Kari Sach Trey

Green or Red fish curry with coconut milk, sweet potato, lemon grass, garlic, galangal and kaffir limes and leaves.

\$4.75

33. Samlor Machou Sach Trey

Soup of fish, tomato, pineapple, courgette, and basil.

\$4.75

34. Samlor K'tis Sach Trey

Fish fillets in coconut milk, green/red chillies, ginger.

\$4.00

35. Trey Bom Pong

Grilled fish in sweet and sour sauce.

\$4.50

Chicken

36. Kari Sach Moan

Green or Red chicken curry with coconut milk, sweet potato, lemon grass, turmeric, galangal, kaffir limes and leaves, dried chillies.

\$4.50

37. Bai Chhar Sach Moan

Chicken fried rice, with carrot, green beans, turmeric.

\$5.75

38. Sach Moan Ang

Charcoal grilled marinated chicken fillet with a unique blend of Khmer favourite spices. (Takes some time to prepare)

\$4.50

39. Sach Moan Chhar Kari

Chicken chunks with tasty curry spices. (Usually rather spicy, we can make it less spicy if you want)

\$4.75

40. Sach Moan Chhar Trop

Savoury chicken breast and charcoal grilled eggplant stir fry. If you like eggplant and a smoky flavour, you should try this one.

\$4.50

41. Samlor K'tis Sach Moan

Chicken in coconut milk.

\$5.75

Beef

42. Kari Sach Ko

Green or Red beef curry with coconut milk, sweet potato, lemon grass, garlic, galangal and kaffir limes and leaves.

\$4.75

43. Sach Ko neung Toeuk Kroch

Thinly sliced beef mixed with a tangy orange sauce and served on coleslaw.

\$4.75

44. Machou Kreoung Sach Ko

Savoury tender beef in Khmer spicy coconut soup with Asian water spinach.

\$4.25

45. Sach Ko Chhar Manors

Sliced stir fried beef with pineapple, cabbage, tomato and bell pepper.

\$4.75

46. Samlor K'tis Sach Ko

Savoury tender beef in coconut milk.

\$5.75

47. Lok Lak

Prime beef chunks served in the famous Khmer gravy topped with a fried egg.

\$5.00

frizz

Cambodian Cuisine



Please enjoy the taste of Khmer Cuisine

Desserts

48. Chicken Special Pasta

Chicken breast sautéed with roasted peppers, green olives and crushed tomato over rigatoni pasta, topped with parmesan cheese.

\$4.75

49. Veggie Burrito

Four tortilla filled with grilled mushrooms, peppers, onions, tomato, refried beans and cheddar cheese. With salsa and sour cream.

\$5.00

50. Steak or Chicken Burrito

Flour tortillas filled with grilled beef (or chicken), onion, bell pepper, refried beans and Cheddar Cheese. With salsa and sour cream.

\$5.50

51. Steak and Guinness Pie

Need a hearty meal? This is it! Tender beef stew in a casserole topped with crusty pastry and served with green peas, gravy, and chips or mashed potatoes.

\$6.00

52. Jacket Potatoes

Served with a salad garnish and your choice of topping: A. Cheese

B. Baked Beans

C. Tuna Salad and Cheese

\$3.50

\$3.50

\$5.75

53. Nachos Supreme Dip

Taco beef, refried beans, Cheddar cheese, olives, jalapenos served in a casserole with nacho chips, salsa and sour cream.

\$5.00

54. Num Pra-Pey-Ny

Cambodian cakes in banana leaves (ask for available flavours).

\$3.00

55. Pumpkin Custard

Whisked eggs, coconut milk and jackfruit in a scooped out pumpkin.

\$2.75

56. Sticky Rice & Mango

Sweet sticky rice with mango and palm sugar syrup, topped with shredded coconut and sesame seeds (when mango is out of season, we replace it with pineapple).

\$3.00

57. Sophie's Apple Pie

A piece of our chef's famous apple pie, French-style with some ice cream on top.

\$2.50

58. Fruit Salad

Delicious tropical fruits of the season.

\$2.75

59. Fruit Salad & Yoghurt

Tropical fruits with plain yoghurt.

\$2.75

60. Fruit Salad & Ice-cream

Tropical fruits with vanilla ice cream.

\$3.00

61. Ice Cream

Strawberry, Chocolate, Vanilla, Jackfruit (ask for selection)

\$2.50



56. Sticky Rice & Mango



57. Sophie's Apple Pie

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www.frizz-restaurant.com



Special: Khmer BBQ

Thinly sliced beef, chicken or fish, mixed with egg, accompanied by vegetables, rice and sauce.
On the charcoal volcano pot, you grill it to your taste, wrap it into a salad leaf and dip it in a sauce.
Delicious and great fun!

\$ 5.75 per person
(Minimum 2 persons)

Sandwiches

- Egg Sandwich**
Boiled or fried eggs, tomato, lettuce, mayonnaise.
- BLT Sandwich**
2 rashers of bacon, tomato, lettuce, mayonnaise.
(with home made French Fries, 0.75 extra)
- Bacon & Egg Sandwich**
- Chicken Sandwich**
Chicken breast, lettuce, tomato, mayonnaise.
- Grilled Fish Sandwich**
Seasoned Fish Fillet, lettuce, tomato, mayonnaise.

Soups & crêpes

- Kuy Tiew**
Noodle Soup A. with vegetables:
B. with vegetables & beef.
- Num Banh Chok**
Noodles in rich coconut sauce with vegetables, banana flower, and spring onions.
+ chicken:
+ beef:
- Banh Chhev (Khmer crêpes)**
Large thin crêpe stuffed with bean sprouts and ground chicken, served with mint, Asian basil, lettuce, cucumber and fish sauce.
- Num Pang Sach Ko**
Beef with onion, cucumber, lettuce, tomato and mayonnaise.

- Fried Spring Rolls**
5 : \$2.00
10 : \$3.00
- Fresh Spring Rolls**
5 : \$2.75
10 : \$4.00
- Troyong Chek Mean Snol**
4 chicken & pork sausages wrapped in banana flower leaves and then deep fried. \$3.50
- Mixed Salad**
Salad leaves, carrot, tomato, potato, bell pepper, onion, cucumber, topped with boiled egg. \$2.50
- Greek Salad**
Lettuce, cucumber, tomatoes, capsicum, Onion Feta Cheese and black olive \$4.75
- Mini Chicken Kebabs (2 sticks)** \$3.00
- Mini Beef Kebabs (2 sticks)** \$3.50
- Mix Beef and Chicken Kebabs (4 sticks)** \$5.50
- Spinach and Feta spring rolls** \$2.50
- Vegetarian Samosa** \$2.50
- Tagliatelli Bolognese** \$4.50

Vegetarian

- Chhar Bonlai Krop Mouk**
Stir Fried Vegetables (cauliflower, green beans, carrots, cabbage, onion, potatoes, salad leaves). \$3.75
- Samlor Kor Ko Sap**
Famous Khmer vegetarian soup: eggplant, bitter melon, pumpkin, jackfruit, papaya, green banana, snake beans, green vegetables. \$4.25
- Samlor kari sap**
Vegetarian curry with tofu, eggplant, potato flavoured with lemon grass and coconut milk. \$3.75
- Bay ling pong moan**
Egg fried rice with bean sprouts, peas, carrot. \$3.50

Salads

- Banana Blossom salad**
A salad of shredded banana flower leaves, mixed herbs (mint, Thai basil, fishwort), chicken and chillie pepper. \$3.75
- Rice Noodle Salad**
Salad of rice noodles, carrot, cucumber, bean sprouts, shrimps, chillie peppers, fresh coconut milk and saw leaves. \$4.00
- Mango Salad**
Salad of green mango and mixed herbs, topped with dried shrimps and peanuts, in sweet and sour dressing. \$4.00
- Sophi's Salad**
Salad of carrot, onion, chicken, pork, chillie peppers and mixed herbs, topped with peanuts. \$3.75
- Chicken Salad**
Stir fried chicken with a salad of carrot, onions, rice vermicelli, cabbage and cucumber. Topped with crushed peanuts. \$4.00



11. Fresh Spring Rolls



27. Mango Salad



26. Rice Noodle Salad



20. Tagliatelli Bolognese



18. Spinach and Feta spring rolls



10. Fried Spring Rolls



28. Sophi's Salad



25. Banana Blossom Salad



14. Greek Salad



19. Vegetarian Samosa



15/16. Mini Kebabs

Besides the dishes in the vegetarian section, other **VEGETARIAN dishes & desserts** are:
6A, 7, 10, 11, 13, 18, 19, 49, 52A+B
Salads can also be adjusted for vegetarians.